Creating Connection Through Empathy:

Working with the Intersection of Identities in the Group Process.

Presented by: Kathleen Isaac, PhD

Saturday and Sunday, November 6-7, 2021
Location: Online
Register at www.magps.org

11 CEUs will be offered upon approval from R. Cassidy Seminars

Conference Description:
The MAGPS Fall 2021 Conference, which is intended for, psychologists, counselors, psychiatric nurses, and social workers, offers both didactic and experiential learning experiences to deepen attendees’ understanding of topical content in preparation for introducing the gained knowledge into their group work. The course content level is for Introductory to Intermediate level.

Creating Connection through Empathy:
Working with the Intersection of Identities in the Group Process.

In a time of overwhelming uncertainty, socio-political crisis, and isolation, people are craving connection. Group provides an opportunity to share experiences, connect and feel seen, validated, and accepted by others. However, many individuals have struggled to access these positive benefits of the group, particularly those with marginalized identities. How do we create a group environment that invites the entirety of one’s experience including the parts of themselves that are othered and discriminated against? How do we shift from creating connection through harmful conflict to a healthy exploration of differences?

Dr. Kathleen Isaac will share how to use empathy and principles of liberation psychology to work with trauma and integrate the intersections of race, sexual orientation, and gender identity into the group process.

Learning Objectives:

1. Identify three ways White supremacy has impacted cross-racial dialogue in groups.
2. Explain how culture and power dynamics shape the experience of group members.
3. Explain the impact of microaggressions and othering in the group setting.
4. Distinguish between varying levels of trauma and how they manifest in the group.
5. Integrate sensitivity to race, gender and sexual orientation in the clinical encounter.
6. Define intersectionality and understand the impact of racism, homophobia and patriarchy on individuals and groups.
7. Identify three strategies for creating an inclusive, culturally sensitive group space using empathy.
8. Integrate principles of liberation psychology into clinical practice.
9. Prepare practice guidelines on how therapists and group facilitators can address intersectionality dynamics in groups.

Conference Chairs:
Alison Howard, PsyD, CGP
Jackie Darby, PsyD, CGP
Email: conferences@magps.org
Conference Schedule

Saturday, November 6th
8:30-9:00 Welcome
9:00-10:00 Plenary 1:
Empathy/Attachment vs. Aggression in Groups
10:00- 10:15 BREAK
10:15- 11:30 Small Group 1
11:30- 11:45 BREAK
11:45 -12:45 Plenary 2:
The Traumas of Microaggressions and Othering
12:45- 2:45 LUNCH
2:45-4:00 Small Group 2
4:00- 4:15 BREAK
4:15-5:30 Small Group 3

Sunday, November 7th
8:30-9:00 Welcome
9:00-10:00 Plenary 3:
Creating a Brave Group Culture
10:00- 10:15 BREAK
10:15- 11:30 Small group 4
11:30- 12:00 Debrief
12:00- 12:15 BREAK
12:15 -1:15 Plenary 4:
Wrap Up and Q&A
1:15- 1:30 Wrap up

Registration Rates and Information
Deadline to Register: Friday, October 29, 2021

MAGPS Member: $255
Non-Member: $355
1st Time Attendee: $215
New Professional: $135
Student/Retiree: $85
CEU Processing: $25

To register, join/renew, and/or make scholarship donations, go to www.magps.org.
For assistance or to register by phone contact a conference registrar or email registration@magps.org.

Cancellation Policy:
A full refund less 25 dollars if cancellation is made by Friday, October 29th.
No refunds after that date

About Kathleen Isaac, PhD

Kathleen Isaac, Ph.D. is an African American, cis-gender female, licensed Clinical Psychologist and Clinical Assistant Professor at NYU Langone Health, where she provides individual, couples, and group psychotherapy to medical students, residents, and hospital employees. She also has a part-time private practice focused on serving BIPOC and LGBTQ+ clients with integrative treatment approaches, where she specializes in trauma, health psychology, and cultural issues. Dr. Isaac has been featured on multiple media platforms. She is committed to promoting the use of mental health treatment and reducing mental health stigma.

Small Group Process Leaders

MAGPS traditionally invites seasoned local group facilitators to serve as small group leaders, along with at least one guest from another affiliate society in an effort to promote stronger connections with our colleagues across the country. These small group process leaders will serve to help guide attendees take a deep dive into understanding the ways in which they engage with others on an interpersonal level. Participants will be randomly selected prior to the start of the conference.

Education and Scholarship

MAGPS is an affiliate of the American Group Psychotherapy Association serving psychotherapists from DC, MD, VA, and WV. Its mission is to provide and support group psychotherapy training and education. Scholarship Opportunities: MAGPS supports the professional development of students, interns, residents, and clinicians early in their careers by offering various scholarships to cover registration and banquet costs. First-time attendees and new professionals may register at reduced rates. The scholarship application form is available at our website: www.magps.org.

Information about CEs

CE’s being provided by conference co-sponsor R. Cassidy Seminars. Note CEs are not being provided for psychiatrists at this time. Visit our website for a full list of CE information.

Evaluations and Certificates are available by email and online following course completion at www.ceuregistration.com.

Disclosure of Commercial Support and the Unlabeled Use of a Commercial Product:
No member of the planning committee and no member of the faculty for this event have a financial interest or other relationship with any commercial product(s) discussed in the program.