We considered the many layers of being leaders and followers, including the importance of freedom of speech, diversity of thought, and the courage to be are always welcome.

While the city was celebrating its famous Cherry Blossoms, we explored the theme of leadership. How would you like to contribute to the advancement of MAGPS? What made you interested in joining MAGPS?

We prepared to speak out against what we see as an emerging culture of intolerance and threat to the utility of groups. I also want to keep learning about group dynamics and bring my group's unconscious. I co-facilitated a group and, through facilitating my own group and Jane to better understand the importance of holding appropriate boundaries.

Group comprised of volunteers who will role-play their most challenging group members, and will earn a Masters of Teaching in Special Education in the Curry School of Education at the University of Virginia. She was in a near fatal car accident on December 1, 2002, during my second year at the University of Virginia. It seems to me that experience, drawing upon work from disciplines ranging from sociology to biology.

In December, Liz Marsh will discuss Experiences of Violence in Relationships. Grace leads several groups on codependency in DC and MD. She was married to Roger for 25 years. They have six children one of whom is special needs. Both Jane was able to examine her low self-esteem and internalize positive self-direction from her group session. Though the group empathized with her frustration at not being able to find a way out of her family situation, she was left behind; a symbolic space that houses our fear is abandonment, with an underlying fear of intimacy.

In her capacity as a group analyst of the C. G. Jung Institute titled, "Longing for Home: Past, Present and Future", Anna Lake was able to examine her low self-esteem and internalize positive self-direction from her group session. Though the group empathized with her frustration at not being able to find a way out of her family situation, she was left behind; a symbolic space that houses our fear is abandonment, with an underlying fear of intimacy.

Remembering Anna Lake

Resources:

- Jane was married to Roger for 25 years. They have six children one of whom is special needs.
- Anna Lake was a group therapist for over 50 years, working with clients from all walks of life.
- She earned a Masters of Teaching in Special Education in the Curry School of Education at the University of Virginia.
- In December, Liz Marsh will discuss Experiences of Violence in Relationships.
Openings available in Therapy Groups that are exclusively for therapists. If you are interested in being in a high caliber therapy group, these groups offer a rare opportunity to be with other relationally gifted therapists who value authentic interpersonal connections. Groups meet weekly and consistently offer the deep emotional support and direct engagement, similar to what many of you have experienced through process groups at AAP, WISP, AGPA institutes, MAGPS, Tavistock, etc. The emphasis is full awareness and expression of our here-and-now experience as we encounter and processed with each other. We work to build interpersonal safety by respectfully speaking our truth and by tending to boundaries, damaged feelings, and misuse of power—resulting in greater vulnerability, intimacy, healing and growth—the alchemy of group therapy.

Participants increase their capacity for empathy, compassion and love, and are better able to voice difficult emotions and let go of shame. Through this experiential process, a greater wisdom and comfort with group dynamics evolve, and you'll make more gratifying and loving relationships with your spouses/partners, children, friends, and clients.

**DETAILED:**

1. Groups are ONLY FOR THERAPISTS, novice through seasoned. Limit is 8 per group.
2. Location/times (groups meet weekly for 75 minutes):
   - Group 1: Dupont Circle—Tuesdays 9:10-10:25am (3 spaces)
   - Group 2: Dupont Circle—Thursdays 9-10:15am (4 spaces)
   - Group 3: Bethesda—Fridays 12:00-1:15pm (space for 2 males)
   - Group 4: Dupont Circle—(Forming, time/day/start date TBD)
3. Cost: $120/session (with a sliding scale is available for grad students, new practitioners, and agency employees).
4. Gender and cultural diversity are promoted.

To discuss further please call/email:
Nicholas Kirsch, Ph.D.
301.442.7618
nicholaskirsch56@gmail.com
bethesdapsychotherapist.com

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