



MAGPS News

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Spring 2009

Jerome Gans to Present at the MAGPS Spring Conference

by Margo London, Conference Chair

MAGPS is very pleased that Jerome Gans, M.D., will be the guest presenter for our Spring 2009 conference on the theme of "Using One's Whole Self as a Group Therapist." We will be meeting at the Johns Hopkins University campus, Rockville/Shady Grove, MD, on Saturday and Sunday, April 25 and 26.

Jerry Gans is a highly regarded group psychotherapist and an engaging and thoughtful presenter. In his writings, he notes that it would seem self-evident that our personal experience, in one way or another, becomes part of our therapeutic presence. And yet, the group literature contains few account of this phenomenon. The implication of this fact seems to be that personal experience is notable only when it gives rise to countertransference difficulties. Personal experience, though, can and does also lend many positive qualities to group leadership, including feelings of confidence and competence, sensitivity, empathy, authenticity, and courage. The conference will celebrate the positive contributions that personal experiences, and the lessons culled from them, contribute to group leadership. Together, we will look at the potential for working with these key components of human experience. Questions to be explored include: What are our unique personal experiences, and the lessons culled from them, that contribute to our therapeutic presence in group psychotherapy? How do we work with them? What are courageous responses? Why is courage recognition an important leadership function? How does leader competence compare to leader courage? We will be using our familiar large and small group formats, as well as a demonstration group. Also, we will touch on the generational and multiple minority issues raised in recent MAGPS conferences.



Our small group leaders for this conference include Maryetta Andrews-Sachs, Matt Fleming, Wendy Fischer, Susan Jacobson, Emily Lape, Joan Medway, Ted Siedlecki, John Thomas, and Lew Weber. Our visiting small group leader is Libby Shapiro, from the Northeastern Group Psychotherapy Society. Libby has co-authored with Jerry a recent journal article on the courage of the group therapist. Dr. Gans will be coming from Boston specifically for this program. He is a Fellow of the American Group Psychotherapy Association (AGPA) and a Distinguished Life *Continued on Page 3*

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Letter from Lenore

It is with deep appreciation for the Mid-Atlantic community that I write this final presidential message. It has been a rewarding four years. Initially, I approached the tasks of President-elect/President with trepidation. After all, it had not been on my "bucket list," as in "things I want to make sure I do before I die." I had always been allergic to committee meetings, didn't know Robert's

Rules of Order, and the prospect of producing four consecutive Spring-Fall conferences was daunting.

Fortunately for me, my immediate past president, Bob Schulte, instituted the position of a separate Spring conference chair. As a result other Society members are now contributing their fresh energy and creativity. So in my tenure as President-elect and President, Venus Masselam delivered two memorable Spring conferences featuring treasured Society members, Nina Brown, and Reggie Nettles respectively, followed by Margo London who brought us Morris Nitsun from London and, coming up this Spring, Jerry Gans from Boston. I did chair four consecutive conferences during the transition. I was privileged to work with Ruthellen Josselson, Ken Porter, Daryl Godby and Melissa Black. Molly Donovan was my Spring co-chair for the conference with Richard Billow.

We are continuing to expand the opportunities for MAGPS members to contribute their talents to conferences. Our soon-to-be President Reggie Nettles (with the advice and consent of President-elect Farooq Mohyuddin) has appointed a past president, George Max Saiger to be Fall 09 Conference Chair.

During my tenure I have also been privileged to oversee the Society's increased use of new technology for communications, member services, and public outreach. My thanks to Sally Brandel, Rob Williams, and Deb Sinek for spearheading this transition. Rob has transformed the website, www.magps.org, so that you as members can advertise your groups to the public, renew your membership, read the Newsletter, and register online for MAGPS conferences. Membership chair, Deb Sinek has worked indefatigably to renovate our membership's data base. We are fortunate to have such terrific "in-house" capabilities.

I was also at the helm when AGPA came to Washington, in what we already knew in February of 08 was going to be one of the most exciting election years. Molly Donovan and Barry Wepman steered a steady course through a tight 18 months of hosting tasks. We capitalized on the election theme with a lively hospitality booth and activities spearheaded by Maryetta Andrews-Sachs and Venus Masselam.

As for the Board meetings, it's turns out they are really interesting, and even fun! And while we took a few votes, Robert's Rules were never a problem. I discovered I love to get up in front of a big group of people and ham it up. Some of you may have noticed that. So, thanks for the memories. I look forward to resting on a few laurels and hanging out with our new leaders President Nettles and President-elect Mohyuddin.

Lenore Pomerance President, MAGPS



Continued from Page 1 Fellow of the American Psychiatric Association. He is an Associate Clinical Professor of Psychiatry at Harvard Medical School and a Clinical Associate in Psychiatry at the Massachusetts General Hospital (MGH). The author of 45 refereed articles, book chapters, book reviews and newspaper articles, Dr. Gans has published widely on group and individual psychotherapy, psychological aspects of physical rehabilitation, liaison psychiatry and psychotherapy and literature. Jerry has lectured, supervised, presented workshops and run demonstration groups locally, nationally and internationally on a variety of group psychotherapy topics. He has a private practice in Wellesley, MA.

We are pleased to be meeting again on the campus of Johns Hopkins University. Their Department of Counseling and Human Services of the School of Education will provide CEUs for psychologists, social workers, and counselors attending the conference.

This will be a powerful and enriching conference, and we hope you will join us! Registration information is available at our website www.magps.org.

Interview with Dr. Jerome Gans

by Susan Jacobson

Dr. Jerry Gans will be leading the MAGPS Spring Conference April 25 and 26th on the topic of Using One's Whole Self as a Group Therapist. Susan Jacobson sat down with Dr. Gans to discuss some of the ideas he brings with him to that event. [This article is abridged for space purposes. See the entire conversation online at www.magps.org.]

SJ: How does the Topic "Using One's Whole Self as a Group Therapist" reflect your current professional interest/focus?

JG: Historically, the mental health profession has focused more on what is wrong with our patients than what is healthy about them. I began to wonder about this emphasis on the negative. Part of the explanation of this viewpoint seemed straightforward: people come to us because they are suffering, feel something is wrong with them, or feel ashamed of their limitations or their failures. Focused on or even mesmerized by these difficulties, we lose sight of the fact that people are more than their problems or their suffering. Part of our job is to help them value their experience and to use it in a more productive fashion. We don't provide people with answers; we help them realize that somewhere embedded in their experience, painful as it may have been, are important life lessons from which they can derive benefit. It goes without saying that our *professional* experience is a major component of our therapeutic presence. But, I believe, we have not fully thought about, cultivated, and honored the contributions our personal experience adds to our healing interventions.

SJ: How does the topic fit into your personal evolution?

JG: Couldn't it be possible – in fact, isn't it self-evident – that personal experience can also generate in us positive qualities such as competence, confidence, perspective, dependability, empathy, authenticity, and courage?

Many of the qualities that have made me an effective therapist come from my personal experience. I internalized my fathers' pragmatic, tenacious grip on reality. My mother's life of loss increased my appreciation for personal suffering. When my sister married a Haitian and my Conservative Jewish parents temporarily disowned her and sat shiva, I suffered conflicting loyalties that helped me later as a therapist try to make room for everyone's subjectivity. My rabbi, Harold Kushner, the author of *When Bad Things Happen to Good People*, made the statement that "Everyone is religious. It is just a matter of what one decides to make one's God." This statement affirmed for me the fact that all of us have the opportunity, to one degree or another, to decide how we live our lives, and to what we assign major importance (assuming of course that we have a roof over our heads and a belly at least partly full). My wife has helped me develop my more generous side.

Continued on Page 4

Continued from Page 3 Going back to the premise that people are more alike than different, I have to believe that my fellow therapists also can locate similar seminal events in their personal experience from which they draw therapeutic inspiration and guidance. These experiences, and the lessons derived from them, deserve a seat in the front of the bus.

SJ: How do you assess the current socio-cultural status of psychotherapy, and how is our topic relevant?

JG: Many recent forces have contributed to the public denigration of psychotherapy and the therapists who practice it. Managed care companies want a quick fix and would rather pay for medication than psychotherapy, which is more costly. Low insurance reimbursements for psychotherapy contribute to therapists' feelings of devaluation. Sensational media accounts of therapists' violations of patients overshadow the solid, helpful and ethical work that legions of therapists perform everyday. Despite the billions of dollars lost yearly in the workplace due to absenteeism caused by mental illness, therapists are accused of catering to the (merely) worried well. These devaluations, both subtle and overt, take their toll on us and add to the hard-to-endure feelings that our patients, as is their prerogative, place in us every day.

It is time for us to feel better about ourselves from the inside out. A recent meta-analysis of 23 studies of long-term psychodynamic psychotherapy documents the effectiveness of this modality. The recent publication of the Group Psychotherapy Practice Guidelines by the American Group Psychotherapy Association honors clinical experience and wisdom as well as research data. A substantial subgroup of therapists, who appreciate that patients who can will pay out of pocket for our expertise and caring, have resigned from insurance panels. I believe that valuing and documenting our personal experience and the important lessons learned from it empowers us and can only increase our self-esteem as psychotherapists as well as play a role in restoring the prestige of our profession.

SJ: You mentioned courage, and I recall reading papers you wrote on appreciating the courage of patients and also on the courage of therapists. How do you convey that appreciation in your groups? How do you acknowledge your own courage?

JG: When group members do something courageous, especially when it is not noted or appreciated by other group members, I make a point of calling attention to it and acknowledging it as courageous. I call attention to such phenomena it often has two effects: first, the courageous member feels recognized and appreciated and second, the other group members have the opportunity to wonder why they didn't notice the courageous behavior of the member in question. , these other members may in the future be more likely to tune in on the courage of other group members.

My own courage I usually keep to myself. Occasionally a group member will pick up on it and say something appreciative - one of the fringe benefits of our work. Another question might be "How do I display my courage?" In recent years, I am more apt to share my process with the group, especially when I have transiently thought or felt something in the group of which I am ashamed (but not too ashamed). I guess one could question whether this is courage or competence.

SJ: Could you say something about the ways our topic relates particularly to group therapy?

JG: Here are a few thoughts. Only a small percentage of psychotherapists run psychodynamic groups. There are probably many reasons for this fact but one seems to be that clinicians are uncomfortable having their work observed by others. It is virtually impossible to run groups and not make mistakes and not have one's blind spots noticed. Veterans hopefully get used to it, but therapists just starting out are often terrified by such a prospect - if they can even put words to their fears. So much energy is bound up trying to look good and not make mistakes that a good deal of the Self gets left out of the therapeutic enterprise. Another thought...I believe that patients "know us" much more than we realize or admit. If we can invite their "knowing" in, and make *Continued on Page 5*

Continued from Page 4 it part of the therapeutic process, we can more likely help them - and us - separate intuition from projection. Both patient and therapist can learn a lot in the process.

SJ: How will you be presenting the subject matter at the conference?

JG: I'll respond concretely. I'm not doing a power point, but I will be lecturing and leading a discussion group where pre-selected participants discuss some personal experience from which they have culled important lessons for therapy and for life. I will lead a demo group and will interact with the participants and conference members before making additional formal comments.

SJ: What should we expect to learn?

JG: I hope participants will come away excited to think more about how their personal experience contributes to their therapeutic presence and with permission to expand their therapeutic use of that awareness.

MAGPS Election Results

Beginning at the Spring 2009 Conference, the following individuals will be taking their places on the Mid-Atlantic Group Psychotherapy Society Board of Directors as a result of the recently held elections. They will serve from 2009 through spring of 2011.

Officers

President: Reginald Nettles	President-Elect: Farooq Mohyuddin
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Student/New Professional Representatives

Will be chosen by the President after the Board is organized.

MAGPS FALL 2008 CONFERENCE: VICISSITUDES OF TRAUMA with BONNIE BUCHELE *BY REGINALD NETTLES*

Mid Atlantic Group Psychotherapy Society was privileged to have Dr. Bonnie Buchele lead us in exploration of “Vicissitudes of Trauma: Little, Big, and Hidden” at our Fall, 2008 conference at The Clarion Hotel and Conference Center, Shepherdstown, West Virginia.

Dr. Buchele is a Distinguished Fellow and Past-President of American Group Psychotherapy Association. She is also nationally and internationally known for her work in trauma-related group treatment, consultation and supervision. Her presentation at our Fall conference was moving as well as inspiring, while deliberately designed to minimize the risk of re-traumatization that is always present when traumatic material is considered. “In the Belly of the Beast: Traumatic Countertransference”, (Beck, R., Buchele, B., 2005. *International Journal of Group Psychotherapy*, 55 (1), 31-44) which she co-authored with Richard Beck, was provided for conference participants and at this writing is available on the MAGPS web page (www.magps.org). This article addresses the countertransference that may emerge when the group therapist and the members of the group have experienced the same trauma. It is a ‘must read’ for all serious students of trauma related group psychotherapy, in part because so little has been written that addresses these issues. How often we find ourselves in similar ‘countertransference soup’ when we discover the previously unknown traumas of our group psychotherapy patients, It also gives us a window, albeit clouded, by our own reactions, into their work following the events of 9/11. Richard Beck states in the article:

“I began to be irritated with colleagues across the country as they intellectualized the trauma and gave theory for support and understanding. I resented their theories...my good friends and colleagues who were not in touch with the magnitude of the pain we were all in...” Beck, 9/13/2001

Seventy-two participants registered for this conference, including 29 first time attendees, 10 of whom were scholarship recipients. MAGPS was pleased to welcome the many newcomers who attended and plans to continue its outreach to new and prospective first time attendees. Based on the evaluations submitted, the conference was enthusiastically received and also provided some food for thought which was well received by the Board.

The guest presenter did an excellent job in leading the

Photos courtesy of Paul Timin and Jay Casey. Many more are available on the website at:

www.magps.org





Conference in exploring this very timely and clinically important topic. Small group experiences were highly rated by participants, with very few less than neutral comments. In the words of one attendee:

“This conference was very informative, healthy and safe. My vulnerabilities were accepted and not judged and I met great people and established positive relationships and connections.”

It was a pleasure to work with the SGL’s and guest presenters in the consultation meetings held throughout the conference. Shoshana Ben-Noam, Guest Small Group Leader from New York City, brought extensive background in trauma and prior experience in working with Bonnie Buchele and the aftermath of 911 in New York City. Local Small Group Leaders were Maryetta Andrews-Sachs, Carolyn Angelo, and Nina Brown; John and Mary Dluhy, Elaine Klionsky and Daniel Turetsky, Thomas Large and Paul Timin, Venus Masselam and Ivory Roberts-Clarke co-lead small groups.

Several members of the MAGPS community served on the Conference Committee. Without their efforts, too numerous to mention in the brief article, the conference could not have been a success. Committee members were Maryetta Andrews-Sachs, Nina Brown, Jay Casey, Margo London, Farooq Mohyuddin, Lenore Pomerance, Brandon Phillips, John Read, Debora Sinek, Bob Schulte, Paul Timin, and Rob Williams. A final draftee, Bernie Stoltz, joined us during the conference and helped us through some unanticipated audio-visual dilemmas.

Sincere thanks to all who helped to make this conference a success. As I write this, I am aware that Fall, 2008 was my final conference as “President-elect/Conference Chair”. I end this role owing a debt of gratitude to all within MAGPS for making these conferences successful. I also feel humbled and indebted to all of our conference participants, who have shared and become involved in our conference themes at deeply personal levels, and thus helped us to achieve our experiential learning and teaching goals.



The Fall 2008 Conference: Transformational Insight

by Bernard Stoltz

During the parade after President Obama's inauguration, he and his wife stepped out of their limousine to walk for part of the route. Watching this moment on CNN, I noticed that all of the commentators – who are almost never at a loss for words – became silent in fear. Afterwards, there seemed to be a collective sigh of relief that has stuck with television's talking heads ever since. As I watched this broadcast I remembered how thoughtfully our Fall conference "large" group took up its discussion of our national traumas two months earlier.

The fall 2008 MAGPS conference would have been excellent provided the astute lectures on trauma by Bonnie Buchele alone. Nonetheless, our organization never fails to generate additional experiential lessons. This year's lesson for me emerged in the large group. The title of this lesson could be called "the group as part of a system." I could see in the large group a palpable display of the individual's trauma being extended outward to society and social trauma being extended inward to the individual. Unlike other large circle experiences, which can be disorienting and anxiety provoking, this large group maintained cohesiveness. The apparent key to this cohesiveness was trauma itself - our experience of it, our understanding of it, and our language to convey ourselves.

To Bonnie's credit, she solidified the last piece of this key – the language to convey a traumatic experience. I noticed a certain large group experience beginning after Bonnie's first lecture when people gathered for the reception, and were complimenting her talk. For most of the attendees who have experience with trauma, her lectures provided less in new material, but rather more of a validation and clarification of our own experiences. We understood the concepts, yet experientially benefited from their reformulation in such an elegant manner. We may know that our trauma work with clients is beneficial, but the affirmation from our colleagues - the larger system – grounds work that can naturally become disorienting.

A highlight of Bonnie's talk was the gathering of research on the individual's experience of trauma – the smallest component in the system of trauma. From there this system trauma expands out to the therapeutic dyad, the small process group, the large group, and further out to our national traumatic experiences of discrimination, war and assassinations of our leaders. I thought we were able to see the elements of individual's trauma expand outward to the large group as people connected their personal experiences of discrimination to the larger system. We also witnessed the national traumas of discrimination and violence influence the group anxiety, subgroup experience, and individual's contributions. I am sure these threads played out in people's small groups as well, but it was evident and clear in the large group. This large group was a surprisingly safe container for the trauma, which it might not have been if we lacked validating experience the previous lectures provided.

The conference was titled "The Vicissitudes of Trauma" - vicissitudes being a term to reflect a changing nature. I see a major success of this conference being the transformational experience of our group as a whole. In a similar way, the very peaceful large group gathering of our nation to witness the inauguration of President Obama seems to be a success in stirring positive change in relation to our national traumas.

GPAA/MAGPS Cinema Series

Elaine Klionsky & Daniel Turetsky, Co-Chairs



Friday, March 20, 2009

American Beauty (1999)

Moderator: Elaine Klionsky

5:45 to 6:30 PM Light Supper & Wine
6:30 ~ 9:30 PM Feature Film & Discussion
Washington School of Psychiatry

For Reservations—Call 202-237-2700



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My Trip to Japan

by Lenore Pomerance

Elsewhere in this newsletter I referenced the “Bucket List” taken from the movie in which Morgan Freeman and Jack Nicholson write a list of things they wish to do before they “kick the bucket.” Well, giving a workshop on sexuality at a group psychotherapy conference in Japan was on my list, and last October I went to Japan and did just that.

I translate the Bucket List as Eric Erickson’s task at the last developmental stage of our lives: to face the reality of our mortality by generating activities that help us integrate who we are and have tried to be. Self integration wards off despair. I believe that we are always trying to integrate ourselves throughout our lifetime, but at this last life stage, it feels important to do it with heightened awareness.

What I was aware of was that I very much wanted to visit Japan again, a country and culture I have had a lifelong affinity for. As a student of Asian history and languages I had visited Japan several times when I was a Peace Corps volunteer in Thailand. I was there again 16 years ago on my way back to Thailand to show my family my Thai town.

I’ve incorporated many aspects of traditional Japanese culture into my everyday life, but nowhere in my professional life. How to do that? Start with Google, what else! In the Fall of 07 I asked Google to find me a psychotherapy conference in Japan. Up came the Pacific Rim Regional Conference of the International Association for Group Psychotherapy and Group Processes to be held in Matsue, Japan (a charming city on the west coast of Honshu, a part of Japan I had never been before) in October, 2008. I was ready to go but what clinched it for me was that the conference convener, Dr. Hidefumi Kotani, came to the APGA meeting in Washington last February to promote the meeting. He encouraged me to submit a workshop proposal which was accepted by mid-May. It was entitled, “Female Sexual Desire: What’s Normal?”

After welcoming a third grandchild into our lives I spent the next months planning an inspiring trip through the countryside with my husband, and madly trying to relearn Japanese by computer. My workshop was very rewarding, the conference stupendous (psychodrama with Japanese in two languages!) and the travel exceeded all my expectations. I brought my love and enthusiasm for my work together with my love and enthusiasm for Japan. Is the integration complete? My next question for Google is.....

Student Scholarship Recipients Respond to Fall Conference

Africa Costa Old Dominion University

I would like to say that I was very fortunate to have had my first conference experience with the Mid-Atlantic Group Psychotherapy Society, (MAGPS). I am approaching my last year in the Master's program in Mental Health Counseling at Old Dominion University and was urged by my professor, Dr. Nina W. Brown to attend this conference. Everyone was warm and eager to answer any question I had and as a newcomer, made me feel very welcome. I was very impressed how the small groups "got to work" right away and with the depth of feelings and emotions expressed and shared in a short amount of time.

This experience was invaluable as I was able to see, in action, the techniques I have read about. As a novice group leader, I naturally wanted to just observe my group leaders, John and Mary Dluhy in action. However, I was also there to participate and they fostered a safe environment where they did not require anyone to share per se, but they conveyed an eagerness to want to know the feelings of a less participatory member. That in turn helped a less participatory member to state in the here and now how they were feeling.

The plenary sessions were information-rich and I was intrigued by Dr. Buchele's lecture on trauma. Even though there were some concepts I did not understand, there were plenty of points I understood and could relate to. I also liked the fact that Dr. Buchele spoke to self-care not only when working with trauma groups, but in the field in general.

In closing, I was honored to be a part of this educational and emotional experience. I sincerely look forward to attending another MAGPS conference in the near future.

Jasmine Knight Old Dominion University

As a counseling doctoral student and school counselor, I have attended many professional conferences. However, this fall's MAGPS conference was my first experiential group conference. It was enlightening, inspiring, and empowering.

I was honored to receive a scholarship to attend, but did not expect the additional perks--such as a warm atmosphere, a welcoming group, and ample opportunity to learn and self-reflect. The lectures provided by Dr. Bonnie Buchele on the Vicissitudes of Trauma in Group were very informative and helped me to understand how the experience of trauma can affect not just the individual but other group members as well. Her words concerning vicarious trauma have specifically stuck with me, and continue to redefine the way I work with clients dealing with these issues. It was amazing to note how the theme of the conference not only melded into my small group sessions, but into the conversations I had with fellow students throughout the weekend.

A lot of the learning over the course of the conference took place in my small group sessions. Both leaders created a safe space where I as a member felt free to explore my group experience, challenge myself as well as others, and learn new ways of connecting with those around me. Many important concepts that I had previously learned about groups truly became real for me during this conference. As a result, I am better able to recognize significant elements of group processes and have become a more effective counselor.

This weekend was an amazing balance of education and self-discovery. It would be a valuable experience for any current or aspiring mental health professional. I am extremely appreciative of this experience and all those who worked hard to provide it.



GPAA / MAGPS Seminar Cinema Series
Feature presentation: *American Beauty*

The Mid-Atlantic Group Psychotherapy Society and the Washington School of Psychiatry Group Psychotherapy Alumni Association co-sponsor a cinema series, open to all. The Friday evening includes refreshments, a movie, and a discussion with a moderator. This year's series will begin on **Friday, March 20th, 2009** with ***American Beauty*** (Directed by Sam Mendes, 1999), and moderated by **Elaine Klionsky, J.D., Ph.D., CGP**.

American Beauty, the not-quite conventional Hollywood blockbuster and winner of five Oscars, is frequently understood as an indictment of suburbia. A more thorough examination reveals complex questions regarding the uses of fantasy, existence of beauty, ability to tolerate freedom, and existential quest for meaning. The film allows us the opportunity to laugh at the delusion that we may evade pain, fear, and self-loathing by seeking to change our external world. *American Beauty's* unique contribution to this discussion comes with the writer and director's ability to convey, humor, compassion, and hope to the human struggle for meaning. This provocative film provides the context for the participants to collaborate and discuss our collective visions.

Objectives

1. Explain the manner in which culture, specifically suburbia as depicted in ***American Beauty***, influences social norms and personality development.
2. Analyze both plot and character through an existential lens; assess which factors operate to lend meaning to the lives of the characters in the film.
3. Describe the importance of "looking closer" in the quest to be present in one's life. Compare the narrator's journey to the process of psychotherapy.

Moderator

Elaine Klionsky, J.D., Ph.D., CGP is a clinical psychologist in private practice in Bethesda, MD and Washington, D.C. She is a member of the American Academy of Psychotherapists' (AAP) Ethics Committee and past co-chair of MAGPS Group Training Day. In addition to being a member of the Washington D.C. Bar Association, she has taught Law and Psychology at The George Washington University's Law School.

Schedule

Light Supper: 5:45 to 6:30

Film/Discussion: 6:30 to 9:30

IMPORTANT: Due to building security requirements, arrive before 6:15. Please maintain quiet in the hallways to respect therapy sessions in progress

Location

The Washington School of Psychiatry
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Continuing Education

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Fee: None

A \$10 contribution to cover food & wine will be collected.

Registration

Reservations suggested: **Call 202-237-2700**

You do not have to be a member of WSP/GPAA or MAGPS to attend. Movie seating is limited so reserve your space early.

If you have any questions or would be interested in presenting a movie in the future please contact Elaine Klionsky, J.D., Ph.D., CGP at ejklionsky@aol.com or Daniel Turetsky, Psy.D. at **301-913-5947**.

Reginald Nettles, PhD, CGP
Licensed Psychologist
Columbia, MD.

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**Using One's
Whole Self as a
Group Therapist**

Jerome Gans, MD

MAGPS SPRING CONFERENCE

April 25, 26, 2009

*The Johns Hopkins University
Rockville/Shady Grove Campus*

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MAGPS Fall I Conference

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This group offers a safe and healing environment to promote emotional support, utilize constructive feedback and learn new ways of communicating with others.

