It also helped me to have a better group (with a male co-leader) pulled for alliance among the members. Moreover, being in a group with high-functioning skills to bring to my group and my fellow psychiatrists-in-training. I am so glad I came to this conference. Although I have had some experience with conducting group therapy, I have never been in a conference that focused on the skills a group therapist must possess in order to be a good leader, lead a group; and what we can learn from them.

I believe I have learned many new dynamics in a different role, with fellow therapists of all backgrounds and levels of training. I would enthusiastically recommend future meetings for others to attend. I feel in a group setting. It was both anxiety provoking and gratifying; a precious experience. I feel it helped me be more comfortable expressing my feelings. I would enthusiastically recommend future meetings for others to attend.

Next Steps:

1. Use web-based technologies like Survey Monkey to reduce the time and costs of questions for 2017-2018:

   a. Brainstorming: Use a content-based brainstorming technique to gather ideas for the next series.
   b. Regroup: Use a collaborative software tool to regroup participants and discuss ideas.

2. Optimize the process group for therapists:

   a. Streamline: Identify areas for streamlining the process group for therapists.
   b. Evaluate: Evaluate the effectiveness and efficiency of the current process group for therapists.

Our next Cinema Series presentation will feature the documentary "Black Swan" (2010). The film showcases the challenges faced by a young dancer during a high-stakes competition. Viewers will gain insights into the pressures and emotions experienced in such competitions. The Q&A session will provide an opportunity to discuss the issues raised in the film. The screening will be held on Saturday, October 15th, at 7:00 PM. Tickets are $10 for members and $15 for non-members. Tickets can be purchased online at www.magps.org.

A Lacanian Perspective on Leadership

By Nancy Hafkin, PhD, CGP & Rose McIntyre, LCSW, CGP

Leadership was not taught in my graduate program. As a result, I felt lost and confused when I entered my first leadership role. However, through my own exploration and research, I have come to appreciate the importance of leadership in the field of psychology. Leadership is not just a skill, but a reflection of our personal values and beliefs. It is through leadership that we can inspire others and make a positive impact on the world.

Karen: What do you consider to be some of the essential skills a group therapist must possess in order to be a good leader, lead a group; and what we can learn from them.

Nancy: Is it important to have leadership quality in a group therapy? If so, how do you define leadership quality? In what ways do you believe a group therapist can evolve into a better leader?

Karen: What is your perspective on the role of a leader in a group therapy setting?

Nancy: In your opinion, what are some of the benefits of having a strong leader in a group therapy setting?

Karen: What are some of the challenges that a group therapist may face when trying to develop leadership skills?

Nancy: How do you think a group therapist can improve their leadership skills?