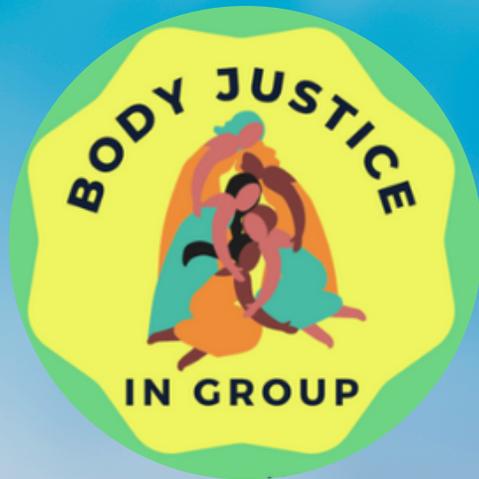


MAGPS 2022 FALL CONFERENCE:



Body Justice in Group

Presented by: Paula D. Atkinson
LICSW, E-RYT 500

Saturday and Sunday, November 4-6, 2022

Location: Hyatt Regency, Cambridge, MD

Register at www.magps.org

11 CEUs will be offered upon approval from Washington School of Psychiatry

Conference Chairs:

Jackie Darby, PsyD, CGP

Jill Penaloza, LCPAT, CGP

Email: conferences@magps.org

Conference Description:

The MAGPS Fall 2022 Conference, which is intended for, psychologists, counselors, and social workers, offers both didactic and experiential learning experiences to deepen attendees' understanding of topical content in preparation for introducing the gained knowledge into their group work. The course content level is for Introductory level.

Body Justice in Group

Join us as Paula Atkinson helps us to explore the psychosocial aspects of weight and body shape, and the broad range of social sciences, including anthropology and sociology, that create the way we think about weight, "health", worth, and identity. Over the course of this dynamic conference, we will explore the topics of fatphobia, size-ism, thin idealism, and weight stigma and how these intersect with other racism, classism, and forms of oppression, as well as how they are present in groups. The role of body liberation and body justice will be included as we discuss how it intersects with diversity, equity, and inclusion.

Learning Objectives:

1. Analyze weight stigma, sizeism, and thin supremacy in individual and societal systems and extrapolate that to group therapy. Specifically recognizing medical, psychosocial, moral, and social/cultural perspectives on weight and health and how these tenets affect beliefs about fatness/thinness and the treatment of people in larger bodies in the world and in groups.
2. Name ways in which social media, capitalism, and the diet industry, affect implicit attitudes, practices and cultural norms when it comes to body shape and weight; then identify how these systems affect the group process for participants of all body shapes.
3. Discuss the prevalence and the ways in which disordered eating, negative body image, food obsession, food addiction, exercise compulsion and diet cycling, may manifest differently in individuals and may influence a group process.
4. Navigate differently shaped bodies in groups through re-examining therapeutic factors.
5. Define the following factors: body justice, body liberation, intuitive eating, thin idealism, fat phobia, body positivity, diet mentality, joyful movement, the fat acceptance movement, and the Health At Every Size approach and how these philosophies and movements can positively affect a group process.
6. Identify relevant ethical codes associated with addressing systemic oppression based on body shape and creating inclusive and culturally responsive therapeutic encounters.
7. Apply a broad range of skills, strategies, and innovative practices to incorporate principles of body justice into group work.

Conference Schedule

Friday, November 4, 2022

7:00- 8:00 pm Community Connection

8:30-10:00 Welcome Social Hour

Saturday, November 5, 2022

8:00 -8:30 ARC BodyWorks Meditation

8:30-9:00 Welcome

9:00-10:00 Plenary 1:

Body Justice for Beginners: How we got to FAT = BAD

10:00- 10:15 BREAK

10:15- 11:30 Small Group 1

11:30- 11:45 BREAK

11:45 -12:45 Plenary 2:

Body Reflections for Each of Us: How I Experience Living in this Body

12:45- 2:45 LUNCH

2:45-4:00 Plenary 3:

Large Discussion Group & Case Presentation

4:00- 4:15 BREAK

4:15-5:30 Small Group 2

Sunday, November 6, 2022

8:00 -8:30 ARC BodyWorks Meditation

8:30-9:00 Welcome

9:00-10:00 Plenary 4:

Body Liberation for All: How to Cease Doing Harm

10:00- 10:15 BREAK

10:15- 11:30 Small group 3

11:30- 12:00 Debrief

12:00- 12:15 BREAK

12:15 -1:15 Plenary 5:

Wrap Up and Q&A

1:15- 1:30 Wrap up



Registration Rates and Information

Deadline to Register: Friday, October 28, 2022

MAGPS Member: \$295

Non-member: \$385

1st Time Attendee: \$230

New Professional: \$150

Student/Retiree: \$100

CE/CME Processing Fee: \$40

To register, join/renew, and/or make scholarship donations, go to
www.magps.org.

For assistance or to register by phone contact a conference registrar or
email registration@magps.org.

Cancellation Policy:

A full refund less 25 dollars if cancellation is made by Friday, October
28th.

No refunds after that date

About Paula D. Atkinson, LICSW



Paula D. Atkinson is a Licensed Independent Clinical Social Worker working as a psychotherapist in private practice. She has been working for years with those who suffer from disordered eating, food obsession, exercise compulsion, and body hatred. She treats clients of all sizes and identities with a weight-neutral, anti-diet, body liberation approach. Paula is a Health At Every Size registered practitioner and a member of The International Association of Eating Disorders Professionals, the National Association of Social Workers and the Association of Social Work Boards. She is currently working on a book of essays on the topic of body sovereignty, food sanity, and freedom for bodies of all shapes.

Small Group Process Leaders

MAGPS traditionally invites seasoned local group facilitators to serve as small group leaders, along with at least one guest from another affiliate society in an effort to promote stronger connections with our colleagues across the country. These small group process leaders will serve to help guide attendees take a deep dive into understanding the ways in which they engage with others on an interpersonal level. Participants will be randomly selected prior to the start of the conference.

Safe Environment Policy

MAGPS strives to create a safe learning environment for all conference participants. All conference participants (members, presenter, and process leaders) are expected to follow the Safe Environment Policy listed on the MAGPS website. To read the policy in full, click [here](#).

Education and Scholarship

MAGPS is an affiliate of the American Group Psychotherapy Association serving psychotherapists from DC, MD, VA, and WV. Its mission is to provide and support group psychotherapy training and education. MAGPS supports the professional development of students, interns, residents, and clinicians early in their careers by offering various scholarships to cover registration. First-time attendees and new professionals may register at reduced rates. The scholarship application form is available at our website: www.magps.org.

Information about CEs

CE's being provided by conference co-sponsor Washington School of Psychiatry. Visit our website for a full list of CE information. Evaluations and Certificates are available by email following course completion.

Disclosure of Commercial Support and the Unlabeled Use of a Commercial Product: No member of the planning committee and no member of the faculty for this event have a financial interest or other relationship with any commercial product(s) discussed in the program.